

# **Classroom Management – Physical Education**

Coach Jessie Cobb/Coach John Klekamp

## Rules:

1. Show respect at all times (teachers, students, visitors, equipment).
2. Demonstrate good sportsmanship at all times.
3. Inappropriate language and behavior (harassment, horseplay, bullying, intimidation, etc) will not be tolerated.
4. Students are expected to keep the locker rooms clean and picked up. No glass containers are allowed in the locker room.
5. No cell phones, iPods, MP3 players, tablets, etc will be allowed in class. If any of these items are being used, it will be confiscated.

## Expectations:

1. Dress out daily (tennis shoes, sleeved shirt, sweat pants or athletic shorts, no compression shorts).
2. Participate daily with full effort and ability.
3. Be a productive member of class.

## Grades:

- Every student is given 5 points a day.
  - Students get 2 points for dressing out appropriately.
  - Students get 3 points for participation in the day's activities (dynamic warm ups, core, activity)

## Additional:

- Students will also be graded on physical fitness testing.
  - There will be a fitness day once a week.
  - Each week every student will be tested on 1-2 different physical fitness areas.
- Students will also participate, but not limited to, the following activities - archery, badminton, volleyball, basketball, variations of kickball, speed ball, football, softball, etc.

## Day-to-Day:

- No student will be allowed to leave gym.
- Students get 5 minutes after tardy bell to get ready for class and 5 minutes at the end of the hour.

## Doctor's Excuses

- If a student has a doctor's excuse/medical exemption, it is required that it is on file with the school nurse.
- Student's that have excuses will still be asked to complete some form of physical fitness workout/activity if allowed by doctor.
  - Examples of activities – walking, leg exercises with bands, arm exercises with low weight

- If student is not allowed to participate, he/she will have to write a 2-page report about a sport or athlete during class time.

Absent Work: Choose One

1. Every student has the opportunity to write a 2 page summary about any sport - for each day absent.
2. Or choose an athlete and write a 2 page summary.
3. Students may also log 30 minutes of activity through an approved fitness app. This app must be approved by the supervising coach.

\*\*I will accept summaries until the last week of the quarter.

\*\*All school related absences are exempt from absent work.

Discipline

Minor Discipline Issues:

- 1<sup>st</sup> Offense – talk/conference with student
- 2<sup>nd</sup> Offense – time out of the day’s activity
- 3<sup>rd</sup> Offense – removed from the situation and possible write up

Major Disciple Issues:

- Referral to Office

Contact Information:

John Klekamp      Phone Ext. 1139    coachk@countyfootball .org      Plan Time 2:25-3:21  
Jessie Cobb        Phone Ext. 1137    jacobb@mc-wildcats.org      Plan Time 1:25-2:21

Student’s Name Printed: \_\_\_\_\_

Student Signature: \_\_\_\_\_

Parent/Guardian Name Printed: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_